



## Working with people's memories

### - Healing of the Memories and Repressed Memories

Bethel Sozo doesn't "go after" healing of the memories or repressed memories. If a memory comes up then we will have a tool to deal with it, but we don't go looking for them.

We certainly don't go telling people that something happened to them that they cannot remember. We always work with what our guest / client offers us.

This accusation of us using New Age practice or psychotherapies practice of "memory healing" or regressive therapies is not new for Bethel Sozo UK.

This comes up from time to time and the following (edited for anonymity) is from Teresa Liebscher setting out the situation very well.

**A situation arose where a person received what they thought was a Sozo session and during the session was informed they had repressed memories which needed to be dealt with. The person then went back and confronted the family member that was believed to be part of the memories, which lead to harmful results.**

The Regional Facilitator dealt with it well, and replied (edited) as follows;

*"What the (person) experienced is not Bethel Sozo. In Bethel Sozo we never look for "hidden memories" or repressed memories. Whoever is using the word Sozo in their counselling is not currently operating as an acknowledged Bethel Sozo resource. When we discover people, counsellors or ministries claiming to be using Bethel Sozo, we will ask them to work with us to become approved or remove "Sozo" from their name (\*). As you know, they are free to continue operating as they wish, but if they are not aligned with the Bethel Sozo Network, they are not in relationship with Bethel Sozo UK or its leadership.*

*Bethel Sozo does not practice psychotherapies in any way. It's a prayer ministry. We seek to interact with God for the truth and healing we need. We don't follow any kind of therapeutic format or process. We seek to follow and fully rely upon the Holy Spirit and the Word of God.*

*The accusation of being New Age is one the enemy uses against almost anything the Lord is doing that is not strictly according to our traditions and practices. Our 'traditions and familiar practices' can become like Coloured Lenses that keep us from seeing or recognizing any new thing the Lord might be doing. We have the Word of God as our anchor and the Holy Spirit to test every spirit and try every 'new thing' to see if it is of God or not. The testimonies from those who have experienced healing and freedom in Bethel Sozo cannot be denied." .....*

*We do test these things by the fruit that they produce.*