

Post Prayer Suggestions

We hope & pray that you have found your Sozo session helpful. In the coming days, we encourage you to re-visit the truths that you heard from your heavenly Father, Jesus and Holy Spirit. You can hear from God in your own space and way and we encourage you to continue asking Him the same type of questions that you asked of Him in your Sozo session. This booklet contains what we trust will be some helpful scriptures and principles as you walk into the all the truth that He has spoken to you.



Post Prayer Instructions

Just as He chose us in Him before the foundation of the world, that we would be holy and blameless before Him. In love He predestined us to adoption as sons through Jesus Christ to Himself, according to the kind intention of His will (Ephesians 1:4-5) ...And when YOU believed in Christ, He identified YOU as His own by giving YOU the Holy Spirit, whom He promised long ago. The Spirit is God's guarantee the He will give US everything He promised and that He has purchased US to be His own people (1:13-14). For WE are God's masterpiece. He has created US anew in Christ Jesus, so that WE can do good things He planned for US long ago (2:10).¹

This is who YOU are in Christ and what YOUR position is. God has awesome plans for YOU, plans to prosper YOU and not to harm you, to give YOU a future and a hope (Jeremiah 29:11). Pretty exciting isn't it?

Freedom in Christ is God's love gift to YOU at the cost of the lifeblood of His Beloved Son. It needs to be guarded carefully and worked out diligently in daily living.

The ministry of freedom is the working of the grace of God in YOUR life by the Holy Spirit. From now on, He relies on YOUR ACTIVE COOPERATION:

- To recover full use of functions the devil has restricted.
- To exercise the lordship of Christ in areas previously used by the evil one for his purposes.
- To help you reach fulfilment where before you experienced frustration and disappointment.
- To return you to victories you once knew or to lift you to new levels of spiritual understanding and usefulness for the glory of Christ.

Just as the step of faith in Jesus Christ for salvation led to a commitment of discipleship, so the ministry of freedom must be followed by commitment to a plan of spiritual rehabilitation. Works must always follow true faith.

Submission to the lordship of Christ and obedience to His will through His Word are **essential** to maintain freedom.

Then I will sprinkle clean water on you, and you will be clean; I will cleanse you from all your filthiness and from all your idols. Moreover, I will give you a new heart and put a new spirit within you; and I will remove the heart of stone from your flesh and give you a heart of flesh. I will put My Spirit within you and cause you to walk in My statutes, and you will be careful to observe My ordinances. (Ezekiel 36:25-27).

¹New American Standard Bible

Sixteen principles for

FREEDOM IN CHRIST²

1 Confess the general areas in which you have received freedom positively and gratefully in prayer. Don't allow one negative thought germinating space.

PRINCIPLE: *That if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved; for with the heart a person believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation. (Romans 10:9-10).*

2 Start each new day trusting in God's power to help you make right choices. Don't let your feelings deceive you.

PRINCIPLE: *Having begun by the Spirit, are you now being perfected by the flesh? (Galatians 3:3).*

3 Expect continuous and increasing freedom where the evil one has previously bound you or used you for his purposes. Move forward by faith without even a glance over your shoulder at what is now past.

PRINCIPLE: *Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus. (Philippians 3:13-14).*

4 Remember, anything the accuser whispers in your ear is a lie. That's his profession and he's very good at it. John 8:44 says, 'Whenever he speaks a lie, he speaks from his own nature, for he is a liar and the father of lies.' If he tries to convince you that your freedom didn't really happen but was just in your mind or was emotional, use your faith shield against him and declare what God does to liars. He will soon give up.

PRINCIPLE: *Submit therefore to God. Resist the devil and he will flee from you. Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded. (James 4:7-8).*

Sixteen principles for FREEDOM IN CHRIST

5 Don't hesitate to use the name of Jesus, the blood of the Lamb and your confession of faith against all the evil one's temptations and condemnations. All condemnation comes from the accuser. Never believe him. You have been blood cleansed and are blood protected.

PRINCIPLE: And they overcame him because of the blood of the Lamb and because of the word of their testimony, and they did not love their life even when faced with death. (Revelation 12:11). Therefore there is now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. (Romans 8:1-2).

6 Avoid deliberate sin
– like the plague.

PRINCIPLE: We know that no one who is born of God sins; but He who was born of God keeps him, and the evil one does not touch him. (1 John 5:18). Should you *unavoidably* sin, confess it immediately and receive forgiveness and *cleansing*. This will stop the accuser weighing you down with guilt, one of his favourite habits. *If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.* (1 John 1:9).

7 Rely upon the Holy Spirit to control your life, your emotions, your desires and your imagination, together with your will, by deliberately giving Christ lordship over them each day.

PRINCIPLE: Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, *which is* your spiritual service of worship. And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect. (Romans 12:1-2). And do not get drunk with wine, for that is dissipation, but be filled with the Spirit. (Ephesians 5:18). So then, does He who provides you with the Spirit and works miracles among you, do it by the works of the Law, or by hearing with faith? (Galatians 3:5).

8 Take time or make times to read / learn / meditate on God's word every day. If time is limited, carry scripture verse cards with you for your free times.

PRINCIPLE: This book of the law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it; for then you will make your way prosperous, and then you will have success. (Joshua 1:8). Let the word of Christ richly dwell within you, with all wisdom teaching and admonishing one another with psalms *and* hymns *and* spiritual songs, singing with thankfulness in your hearts to God. (Colossians 3:16).

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9 Wear the armour of spiritual warfare every day. Put on each piece thoughtfully and prayerfully and be protected at all times. Don't forget that the seventh piece is 'prayer.'

PRINCIPLE: Finally, be strong in the Lord and in the strength of His might. Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual *forces* of wickedness in the heavenly *places*. Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm. Stand firm therefore, HAVING GIRDED YOUR LOINS WITH TRUTH, and HAVING PUT ON THE BREASTPLATE OF RIGHTEOUSNESS, and having shod YOUR FEET WITH THE PREPARATION OF THE GOSPEL OF PEACE; in addition to all, taking up the shield of faith with which you will be able to extinguish all the flaming arrows of the evil *one*. And take THE HELMET OF SALVATION, and the sword of the Spirit, which is the word of God. With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints (Ephesians 6:10-18).

10 Keep your eyes and ears open for all the sneaky traps the deceiver will leave around for you. Then 'shout for help' to your heavenly Father and He will immediately answer and give you the victory.

PRINCIPLE: Submit therefore to God. Resist the devil and he will flee from you. Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded. (James 4:7-8).

11 Concentrate your thoughts and plans on what glorifies Christ and you will have victories all the time.

PRINCIPLE: Therefore if you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. Set your mind on the things above, not on the things that are on earth. For you have died and your life is hidden with Christ in God. (Colossians 3:1-3).

12 Beware of thinking you can make it alone. You will never make it alone in life because God never intended you should. Be smart: admit you can't do it all by yourself and then do things with His help.

PRINCIPLE: I am the vine, you are the branches; he who abides in Me and I in him, he bears much fruit, for apart from Me you can do nothing. (John 15:5). *Make sure that* your character is free from the love of money, being content with what you have; for He Himself has said, "I WILL NEVER DESERT YOU, NOR WILL I EVER FORSAKE YOU." (Hebrews 13:5).

Sixteen principles for FREEDOM IN CHRIST

13 Break wrong friendships and choose positive, clean- living friends who put Jesus first.

PRINCIPLE: Do you not know that friendship with the world is hostility toward God? Therefore whoever wishes to be a friend of the world makes himself an enemy of God. (James 4:4).

Break former habits that led to sin. Avoid magazines, films, and television programmes that you should not see.

Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things. (Philippians 4:8).

14 Never let up on warring against the list of no-nos. Criticism, negativity, grieving over the past, over-sensitivity, doubt, selfishness, putting feelings before faith and prayerlessness are all on the list. Be an outward looking person and help others.

PRINCIPLE: Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality, idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that those who practice such things will not inherit the kingdom of God. Let us not become boastful, challenging one another, envying one another. (Galatians 5:19-21,26).

15 Be a praising, thankful person, always giving thanks to God for His continuous goodness.

PRINCIPLE: The LORD performs righteous deeds and judgments for all who are oppressed. (Psalms 103:6).

16 Finally, breathe in by faith any of your nine personality needs supplied liberally by the Spirit of God from the glory and Jesus Christ at the right hand of His Father, who is also YOUR Father.

PRINCIPLE: But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. (Galatians 5:22-23). So Jesus said to them again, "Peace be with you; as the Father has sent Me, I also send you." (John 20:21).

FATHER'S LOVE LETTER

An intimate message from God to you.

My Child,

You may not know me, but I know everything about you. Psalm 139:1 I know when you sit down and when you rise up. Psalm 139:2 I am familiar with all your ways. Psalm 139:3 Even the very hairs on your head are numbered. Matthew 10:29-31 For you were made in my image. Genesis 1:27 In me you live and move and have your being. Acts 17:28 For you are my offspring. Acts 17:28 I knew you even before you were conceived. Jeremiah 1:4-5 I chose you when I planned creation. Ephesians 1:11-12 You were not a mistake, for all your days are written in my book. Psalm 139:15-16 I determined the exact time of your birth and where you would live. Acts 17:26 You are fearfully and wonderfully made. Psalm 139:14 I knit you together in your mother's womb. Psalm 139:13 And brought you forth on the day you were born. Psalm 71:6 I have been misrepresented by those who don't know me. John 8:41-44 I am not distant and angry, but am the complete expression of love. 1 John 4:16 And it is my desire to lavish my love on you. 1 John 3:1 Simply because you are my child and I am your Father. 1 John 3:1 I offer you more than your earthly father ever could. Matthew 7:11 For I am the perfect father. Matthew 5:48 Every good gift that you receive comes from my hand. James 1:17 For I am your provider and I meet all your needs. Matthew 6:31-33 My plan for your future has always been filled with hope. Jeremiah 29:11 Because I love you with an everlasting love. Jeremiah 31:3 My thoughts toward you are countless as the sand on the seashore. Psalm 139:17-18 And I rejoice over you with singing. Zephaniah 3:17 I will never stop doing good to you. Jeremiah 32:40 For you are my treasured possession. Exodus 19:5 I desire to establish you with all my heart and all my soul. Jeremiah 32:41 And I want to show you great and marvelous things. Jeremiah 33:3 If you seek me with all your heart, you will find me. Deuteronomy 4:29 Delight in me and I will give you the desires of your heart. Psalm 37:4 For it is I who gave you those desires. Philippians 2:13 I am able to do more for you than you could possibly imagine. Ephesians 3:20 For I am your greatest encourager. 2 Thessalonians 2:16-17 I am also the Father who comforts you in all your troubles. 2 Corinthians 1:3-4 When you are brokenhearted, I am close to you. Psalm 34:18 As a shepherd carries a lamb, I have carried you close to my heart. Isaiah 40:11 One day I will wipe away every tear from your eyes. Revelation 21:3-4 And I'll take away all the pain you have suffered on this earth. Revelation 21:3-4 I am your Father, and I love you even as I love my son, Jesus. John 17:23 For in Jesus, my love for you is revealed. John 17:26 He is the exact representation of my being. Hebrews 1:3 He came to demonstrate that I am for you, not against you. Romans 8:31 And to tell you that I am not counting your sins. 2 Corinthians 5:18-19 Jesus died so that you and I could be reconciled. 2 Corinthians 5:18-19 His death was the ultimate expression of my love for you. 1 John 4:10 I gave up everything I loved that I might gain your love. Romans 8:31-32 If you receive the gift of my son Jesus, you receive me. 1 John 2:23 And nothing will ever separate you from my love again. Romans 8:38-39 Come home and I'll throw the biggest party heaven has ever seen. Luke 15:7 I have always been Father, and will always be Father. Ephesians 3:14-15 My question is... Will you be my child? John 1:12-13 I am waiting for you. Luke 15:11-32

*Love, Your Dad...
Almighty God*



MY TRUE IDENTITY IN GOD

I AM ACCEPTED

I am God's child **JOHN 1:12**

As a disciple, I am a friend of Jesus Christ **JOHN 15:15**

I have been justified **ROMANS 5:1**

I am united with the Lord and I am ONE with Him in spirit **1 CORINTHIANS 6:17**

I have been bought with a price and I belong to God **1 CORINTHIANS 6:19-20**

I am a member of Christ's body **1 CORINTHIANS 12:27**

I have been chosen by God and adopted as His child **EPHESIANS 1:3-8**

I have been redeemed and forgiven of all my sins **COLOSSIANS 1:13-14**

I am complete in Christ **COLOSSIANS 2:9-10**

I have direct access to the throne of grace through Jesus Christ **HEBREWS 4:14-16**

I AM SECURE

I am free from condemnation **ROMANS 8:1-2**

I am assured that God works for my good in all circumstances **ROMANS 8:28**

I am free from any condemnation brought against me **ROMANS 8:31-34**

I cannot be separated from the love of God **ROMANS 8:35-39**

I have been established, anointed and sealed by God **2 CORINTHIANS 1:21-22**

I am hidden with Christ in God **COLOSSIANS 3:1-4**

I am confident that God will complete the good work He started in me
PHILIPPIANS 1:6

I am a citizen of Heaven **PHILIPPIANS 3:20**

I have not been given a spirit of fear but of power, love and a sound mind
2 TIMOTHY 1:7

I am born of God and the evil one cannot touch me **1 JOHN 5:18**

I AM SIGNIFICANT

I am a branch of Jesus Christ, the true vine and a channel of His life **JOHN 15:5**

I have been chosen and appointed to bear fruit **JOHN 15:16**

I am God's temple **1 CORINTHIANS 3:16**

I am a minister of reconciliation for God **2 CORINTHIANS 5:17-21**

I am seated with Jesus Christ in the heavenly realms **EPHESIANS 2:6**

I am God's workmanship **EPHESIANS 2:10**

I may approach God with freedom and confidence **EPHESIANS 3:12**

I can do all things through Christ, who strengthens me **PHILIPPIANS 4:13**